The Messenger



Greetings in the name of Christ,

As I've trained for the Twin Cities Marathon again this year, I have been reminded that the hard part is not the race itself, but the training. A runner might look like they're just putting on their running shoes and hitting the road. But there is often more to it than that, especially when you are crazy enough to tackle 26.2 miles. During my training, I went to the chiropractor to make sure my hips, knees, and back were in good shape. I experimented with nutrition solutions while I ran. I did cross training and coordinated group runs. And, of course, it's not always long runs – the shorter runs during the week are just as important as the long ones. By the time a runner hits the start line, the hard work is all done. There is almost always more to it than "just do it."

And I think that's true of our faith, too. Just like the life of a long-distance runner isn't just lacing up your shoes and getting out the door, the life of a Christian is more than just getting to church. In fact, I would say that worship is a training session for Christian living. Reading the Bible and prayer is a way we fuel ourselves for the race. And the people we surround ourselves with become our training partners.

So, if worship, fellowship, reading the Bible, and praying are not the point of Christian living, what is? I think Jesus says it so well in Mark 7:34 - "If any want to become my followers, let them deny themselves and take up their cross and follow me." Being a Christian means following Jesus – not being a fan of Jesus, but a follower. And following Jesus can be difficult, because sometimes Jesus will lead us to places that feel uncomfortable. Sometimes, it will feel like Jesus is asking us to deny ourselves just a little bit more than we would like. But, like anything else, it's something that we can get better at. We can practice and the practice starts not with guilt or shame, but love. God's love for us leads us to respond and follow. God's love for others leads us to serve with compassion and concern. God's love for the world leads us to seek peace for all people and all creatures.

As you think about what it means for you to be a follower of Jesus, I hope you'll know that you are loved already, and you are included already. The Christian life is a response to that love and it can be hard, but like a marathon, you're never doing it alone. We are all together in this and we know that we can never go further than God's love.

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Free Concert by the Roosevelt String Ensemble

Join the orchestra for their fall concert, "Dancing with the Strings", on Sunday, November 3rd, at 3:30 pm at Hamline University, Sundin Music Hall– 1531 Hewitt Ave, St. Paul. The program includes music by



Bartok, Copeland, Grainger, Leyden, Boyce, and Faure. Church members Wendy Legge, Lisa Jensen, and Lisa Rovick will be playing at this concert. For more information, please visit www.rosevillestrings.org/concerts.

Council & Committee Spotlight: Faith Formation

With the cooler weather comes the return of Sunday school! We are so excited to welcome our students back! For those of you who don't know we have 12-18 students in the room learning about the Bible, playing games, and team building during the service. We need your help to build a successful year! Please reach out to faithformation@stpeders.org to sign up to help pass out handouts and prizes during class, help guide the kids during Christmas play rehearsals, help decorate the classroom, or to use any musical talents you have to help teach some kids songs. With all of us working together we can really help these children realize their potential and place of belonging at St. Peder's.

Below: photos from the Anniversary/Intergenerational celebration and mural painting.













Annual Aebleskive Breakfast

Mark your calendars for the annual Aebleskive Breakfast on Sunday,

November 10th. We will be setting up the Fellowship Hall on the morning of Saturday the 9th. We are looking for volunteers to help with set up, baking, donating ingredients like milk, jam, et cet., and the serving and clean up. Please contact Sue Nielsen at suenielsen76@gmail.com if you are interested in helping out!



News from the Office SMMOW board and committee members

The Southern Minnesota Meals on Wheels Board and Development Committee is seeking your help to invite people to consider becoming SMMOW committee or board members. If you are interested, please look find more information on the bulletin board outside the office.

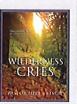
Pastor on the Run

Please consider donating to this cause, as it benefits Wildflyer Coffee. Donations can be accepted through the end of the month. Details can be found on the bulletin board outside the office.



October featured books in our library

Check out these books by three of our special 140th Anniversary guests! Pastor Mike Vetsch- Wilderness Cries: Poems from the Heart of a Country Preacher; Pastor Mary Albing- Called into Ministry to be a Good and Faithful Pastor: Reflections of a Partnered Lesbian; and Shannon Kearns– In the Margins: A Transgender Man's Journey with Scripture. Pastor Mike has donate a box of his poetry books to us. Help yourself to a copy from the library!







Volunteer Opportunity- Community Emergency Services

Previously St. Peder's volunteers delivered groceries to residents at Hiawatha Towers. Now, we have the opportunity to help on the first Saturday every other month at the CES Headquarters. Our scheduled **start date is Saturday, October 5**. Please reach out to Sue Nielsen at suenielsen76@gmail.com if you are interested and available. Thank you!

CES address is: 1900 11th Ave S., Minneapolis

We are looking for about 10 volunteers total that can lift 15-20 pounds. If you have any volunteers who want a shorter shift, (10-11:30, 11:30-1) that is fine for the prep work as we do not have as much food rescue to sort between the hours of 10-11:30. We will need 4-6 people for set-up and 10 people for distribution. **More complete information can be found on the bulletin board outside the office.**

Expressing Gratitude

Pastor Bryan would like to thank everyone who helped organize and volunteered for the Gather on the Green and the 140th Anniversary events. It took a small army to make all that happen, and it's a true testament to our congregation that we were able to do so much to celebrate our history, and to meet and serve our neighbors on the same weekend. We hope you all had a great Sunday nap on September 15th for all the work you did. We couldn't have done it without you!

Dear St. Peder's Lutheran Church:

On behalf of our residents, staff, and volunteers at the Minnesota Veteran's Home Minneapolis, I want to thank Pastor Bryan Odeen for sharing his time and talents with us for our Thursday, September 12th worship service. Thank you, Pastor Odeen, and St. Peder's Lutheran Church, for your care and support of our residents!

Many blessings to you,

Chaplain Brandon Newton

Volunteer News and Opportunities & Financials

Together in Mission 2024

The offerings of your financial resources allow us not only to support the mission of our congregation, but to share our resources with others in ministry so that all may know of Christ's love. TOGETHER we work on Christ's behalf in the world - none of us can do it alone! Thank you for your offerings. A detailed financial summary report is available at the church office for anyone who'd like to see it.

Income

Month of August: \$30,715 Budget for the month: \$25,940

Year to Date: \$237,314

Budget Year to Date: \$207,520

Expenses

Month of August: \$9,092 Budget for the month: \$25,940 Year to Date: \$179,555 Budget Year to Date: \$207,520

Mission Support to Minneapolis Area Synod

\$8750 YTD

Worship Leadership Opportunity

Pastor Bryan is looking for individuals, couples, and families who would be interested in helping the worship of St. Peder's reflect the people of our community. As we roll out the new ways of helping our worshiping community, our first will be writing and leading our Prayers of the People. If you are interested in this, please tell Pastor Bryan. He will be happy to help coach or guide the process, especially as we get started with a new way of saying our Prayers of the People.

Pub Theology

Pub Theology is back! We will be meeting at Parkway Pizza at 4359 Minnehaha Ave, Minneapolis, on Monday, October 7th at 7 pm. We

live in a world where we are surrounded by distressing discord and violence. How do we practice "self care" in the face of this onslaught? What does the Bible say about our response to living in tumultuous times? Come join us for a timely and interesting conversation. If you have any questions, please contact Allison or Michael O'Day at madeoday@msn.com!





October

2024

	z e	12	19	26	
Saturday	5 10:15 am Dance by Lauren 2 pm Fiber Arts	9:30 am Seniors for All	10:30 am DeafBlind Club Meeting* 2 pm Fiber Arts	10:30 am Brownies 2 pm Dance by Lauren	
Friday	. 4	11	18 Newsletter Articles Due	25	
Thursday	3 10 am Exercise Class*	10 am Exercise Class*	17 10 am Exercise Class*	24 10 am Exercise Class*	31 10 am Exercise class
Wednesday	2 9 am Quilters	5)	16 9 am Quilters 7 pm Council Meeting	23 7 pm Pre-Election Conversation: Hope vs Despair	30
Tuesday	10 am Exercise Class* 2 pm Chronic Disease Group * 6 pm Sisters In Crime * 6 pm Bible Study	8 10 am Exercise Class* 12 pm Potluck 6 pm Bible Study	15 10 am Exercise Class* 6 pm Bible Study	22 10 am Exercise Class* 6 pm Bible Study	29 am Exercise Class* 6 pm Bible Study
Monday		7	14	21	58
Sunday		6 9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship Marathon Outreach Event	9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship	New Member Welcome 9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship	9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship Reformation/Confirmation Sunday

October Volunteer Schedule

October 6

Greeters: Jean Evers & Eunice Montgomery

Ushers: Lisa Jensen & Butch Vossen

Acolyte: Maren Odeen Reader: Bob Stanich

Communion Set Up: Cameron Jamison &

Lisa Jensen

Communion Servers: Paul Aitchison, Kristi

Lahti-Johnson, Dwight Lundeby

Communion Bread & Wine: Denise Logeland

& Tom Dennstedt

Counters: Cameron Jamison & Paul Odegaard

Livestream Tech: Cameron Jamison

LSS Safehouse Oct. 7: John & Doreen Skraba Social Hour Hosted by Shepherding Group: 3

October 13

Greeters: Tim & Elizabeth Anderson **Ushers:** Tom Goodoien & Peter Juhl

Acolyte: Walter Anderson Reader: Tim Anderson

Counters: Marcia Rocheleau & Eva Tangen

Livestream Tech: Karen Vetsch

LSS Safehouse Oct. 14: Bob Stanich & Jeanne

Schleh

Social Hour Hosted by Shepherding Group: 4

October 20

Greeters: Casey Clementson & Ben Campbell

Ushers: Tom Goodoien & Al Nielsen

Acolyte: Fletcher Campbell

Reader: Judy Hogan

Counters: Jackie West & Sue Schnickel

Livestream Tech: JeriLynn Young

LSS Safehouse Oct. 21: Kathryn Jensen, Lisa

Jensen & Butch Vossen

Social Hour Hosted by Shepherding Group: 5

October 27

Greeters: Kristi Lahti-Johnson & Chuck Johnson

Ushers: Sue Schnickel & Andrea Wollak

Acolyte: Aemilia Wollak Reader: Leslee Nestingen

Counters: Tim Anderson & Karen Vetsch

Livestream Tech: Bruce Simpson

LSS Safehouse Oct. 28: Daniel Peterson &

Kristin Lehrstrom

Social Hour Hosted by Shepherding Group: 6



October Worship Schedule

October 6
Marathon Outreach

9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship

October 13

9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship

October 20 New Member Welcome

9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship

October 27
Reformation/
Confirmation Sunday

9 am Worship 9 am Faith Formation 10 am Coffee & Fellowship

St. Peder's Evangelical Lutheran Church

St. Peder's affirms the welcome of God to all persons.

St Peder's welcomes you to a community of faith nurtured by God's abundant grace, Christ's peace and the Spirit's lively presence! In response to such love, we open our hearts and hands and doors to joyfully serve our neighbor – whether it's you or someone across the world. We invite you to join us for worship or any activity at the little church on the corner of 46th Avenue and 42nd Street in south Minneapolis.





Want to support our mission to joyfully live the gospel with open hearts, open hands and open doors? Make a donation from your smartphone by scanning the QR code or head to this website: https://bit.ly/stpedersgiving Thank you for sharing your gifts.

Church Staff:

Pastor: Rev. Bryan Odeen Organist/Music Ministry Coordinator: Mia Kruse

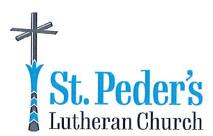
Office Coordinator: Lyn Town Accounts Manager: Roger Miller Faith Formation: Sarah Laulunen-Rai

Caretaker: Jim Austin

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